

med
RESTAURANT . LOUNGE . BAR

STARTERS

Non-Vegetarian

▣ Cumin & Chilli Prawns, Lemon & Lettuce (341kcal)	865
▣ Fresh Sage & Brown Garlic Prawns, Sweet & Sour Tomato (307kcal)	860
▣ Citrus Chilli Prawns, Reduced Hot Sauce (340kcal)	860
▣ Smoked Salmon, Feta, Olive & Mesclun (296kcal)	975
▣ Curried Sole, Dill, Creamy Beetroot (642kcal)	590
▣ Dijon Spiced Crispy Fish, Yolk & Lemon Sauce (334kcal)	625
▣ Braised Pork Spare Ribs, Sticky Plum & Prune Glaze (1591kcal)	630
▣ Barbeque Chicken Bruschetta, Parmesan (431kcal)	550
▣ Chicken Shish Taouk (598kcal)	555
▣ Greek Chicken Souvlaki (605kcal)	555
▣ Chicken Shawarma, Taratoor (628kcal)	555
▣ Mediterranean Non-Vegetarian Platter (1821kcal) Samboosak, Chicken Wings, Hummus, Baba Ganoush, Fattoush Salad & Pita	630

Vegetarian

▣ Roasted Vegetables & Potato Medallions, Chilli Garlic Mayo (290kcal)	365
▣ Falafel Roll With Taratoor (644kcal)	400
▣ Mushroom & Jalapeno Crostini, Pomegranate (485kcal)	435
▣ Fresh Tomato, Burrata & Balsamic Roasted Pear (538kcal)	435
▣ Crispy Cottage Cheese, Tomato Pepper Salsa & Chevre (704kcal)	435
▣ Cottage Cheese Shish Taouk, Tahini Yogurt-Lebanese Style Grilled Cottage Cheese (434kcal)	435
▣ Goat Cheese & Walnut Arancini, Basil & Olive Tapenade (878 kcal)	420

*We use Genovese basil

■ Crispy Sweet Potato Chips, Pepper Salsa (125kcal)	420
■ Barbeque Roasted Vegetables Bruschetta, Parmesan (672kcal)	355
■ Greek Style Spinach & Mushroom Tart (599kcal)	435
■ Mediterranean Vegetarian Platter (1628kcal) Fatayer, Falafel, Hummus, Baba Ganoush, Fattoush Salad & Pita	435

PIZZETTE

▲ Lamb Salami, Aged Mozzarella, Tomato, Chilli (825kcal)	550
▲ Danish Blue, Chorizo & Aged Modena Balsamic (921kcal)	550
■ Creamy Ricotta, Spinach & Sun Dried Tomato (754kcal)	475
■ Bocconcini, Tomato, Red Chilli & Basil (692kcal)	485
■ Caramelised Onion, Goat Cheese, Walnuts & Honey (618kcal)	485

SOUPS

▲ Turkish Style Prawn & Lentil Soup (401kcal)	370
▲ Smoked Chicken & Burnt Garlic (192kcal)	240
▲ Spicy Chicken & Vegetable Broth (240kcal)	240
▲ Cream Of Chicken With Leeks (395kcal)	240
■ Traditional Minestrone (175kcal)	185
■ Mushroom Cappuccino (216kcal)	185
■ Pumpkin Soup (250kcal)	185
■ Shorbat Adas - A Traditional Middle Eastern Lentil Soup (328kcal)	185
■ Cream Of Tomato With A Hint Of Basil (217kcal)	185

■ Vegetarian ▲ Non Vegetarian | Egg

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SALADS

▣ Parmesan Chicken Salad, Mustard Dressing (454kcal)	475
▣ Pesto Chicken Salad With Cherry Tomato & Orange (587kcal)	475
▣ Grilled Chicken Salad with Fresh Mesclun, Quinoa (618kcal)	475
▣ Chicken Caesar Salad (596kcal)	365
▣ Vegetarian Caesar Salad (512kcal)	295
▣ Mesclun, Goat Cheese & Apple Salad (360kcal)	460
▣ Spit Roasted Vegetables, Bocconcini & Olive Salad (250kcal)	440
▣ Cucumber, Feta & Olive Salad, Grilled Halloumi (473kcal)	460

HOMEMADE PASTA (Contains Egg)

▣ Spaghetti, Sautéed Prawns (526kcal)	765
▣ Spaghetti, Creamy Cheese Sauce, Grilled Chicken (1081kcal)	600
▣ Fettuccine, Sliced Slow Cooked Lamb & Parmesan (707kcal)	610
▣ Torchiette Arrabiata (415kcal)	485
▣ Spumoni Al Fredo, Mushroom & Pecorino (629kcal)	485
▣ Ricotta Gnudi, Pesto Cream & Walnuts (415kcal)	485
▣ Fettuccine, A La' Aglio E Olio (394kcal)	485
▣ Spaghetti, Creamy Tomato Sauce (385kcal)	485
▣ Mushroom Risotto, Porcini Cream & Parmesan (361kcal)	485
▣ Penne, Arrabiata (415kcal)	485
▣ Spaghetti, Cheddar Cream Sauce (629kcal)	485

Please ask your server for Eggless Pastas

▣ Vegetarian ▣ Non Vegetarian | Egg

MAIN COURSE

Non-Vegetarian

▲ Paprika Spiced Roast Prawns, Lemon & Jaggery (Turkey) (466kcal)	975
▲ Demerara Red Chilli Prawns, Crispy Crackers, Chilli Pepper Sauce (Italy) (577kcal)	975
▲ Roasted Fillet Of Salmon, Vierge, Garlic Mash & Spinach (Italy) (403kcal)	975
▲ Grilled River Sole, Paprika Vegetable Stew & Herb Garlic Bread (Italy) (568kcal)	970
▲ Baked Sea Bass With Onion, Tomato, Feta (Turkey) (676kcal)	970
▲ Moroccan Style Grilled Salmon, Warm Couscous & Vegetables (Morocco) (782kcal)	970
▲ Chermoula Sole, Chargrilled Lemon, Herb Butter (Morocco) (442kcal)	970
▲ Moroccan Lamb Tagine (Morocco) (854kcal)	640
▲ Grilled Parmesan Chicken, Buttered Vegetable, Thyme Jus (Italy) (996kcal)	640
▲ Smoked Chicken Rice Pilaf, Feta, Chicken Frankfurters (Italy) (998kcal)	570
▲ Roasted Chicken, Chilli Yogurt Sauce, Grilled Vegetables (Turkey) (903kcal)	640
▲ Braised Chicken, Jus, Sehriyali Pilaf (Turkey) (967kcal)	640
▲ Chicken Stew (Turkey) (447kcal)	640
▲ Baharat Spiced Chicken Thigh, Vegetables, Spicy BBQ (Lebanon) (805kcal)	640
▲ Coq Au Vin - Chicken Braised in Red Wine Jus, Pearl Onion, Mushrooms & Peppers (France) (1112kcal)	640

● Vegetarian ▲ Non Vegetarian | Egg

MAIN COURSE

Vegetarian

■ Spinach & Vegetable Rice Pilaf, Feta (Italy) (852kcal)	485
■ Cottage Cheese Cannelloni, Creamy Tomato (Italy) (829kcal)	485
■ Chargrilled Vegetable Platter (Italy) (212kcal)	480
■ Baked Cheddar, Artichoke, Asparagus, Broccoli, Carrot (Italy) (780kcal)	465
■ Spiced Cottage Cheese Steak, Spicy Prune Sauce (Turkey) (711kcal)	485
■ Spicy Vegetables, Moroccan Date Pilaf (Morocco) (729kcal)	485
■ Tomato & Vegetable Stew, Herbed Pilaf, Olives (Morocco) (297kcal)	485

SIDES

■ Black Truffle Fries (293kcal)	350
■ Peri Peri Potato Fries (212kcal)	255
■ Parmesan Fries (290kcal)	255
■ Roasted Vegetables, Lemon & Garlic (171kcal)	215
■ Sautéed Vegetables (102kcal)	215
■ Garlic Bread (245kcal)	140
■ Garlic Bread With Cheese (305kcal)	255
■ Hummus (256kcal)	125
■ Babaganoush (73kcal)	125

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THIN CRUST PIZZAS

Non-Vegetarian

▲ Gamberi (1079kcal)	1155
Spicy Prawn, Mozzarella Cheese, Feta, Olive, Cherry Tomato, Pineapple & Tomato Sauce	
▲ Meaty Sicilian Hot (1291kcal)	550
Pepperoni, Chicken Sausage, Mozzarella & Tomato Sauce	
▲ Quattro Stagioni (1118kcal)	550
Chicken Ham, Mozzarella, Mushrooms, Olives, Artichoke & Tomato Sauce	
▲ Paprika Pollo Con Feta (1169kcal)	550
Paprika Marinated Chicken, Broccoli, Feta Cheese, Mozzarella & Tomato Sauce	
▲ Pesto Pollo (1214kcal)	535
Grilled Chicken, Tomato Pesto Sauce, Mozzarella, Onions & Peppers	

Vegetarian

■ Spinaci E Pomodoro (976kcal)	485
Spinach, Roasted Garlic, Cherry Tomato, Mozzarella & Tomato Sauce	
■ Pizza Florentine (1076kcal)	485
Spinach, Black Olives, Romano Cheese, Mozzarella & Tomato Sauce	
■ Genovese (1216kcal)	485
Pesto, Pine Nuts, Mozzarella, Parmesan Cheese & Pesto Sauce	
■ Primavera (955kcal)	480
Artichoke, Broccoli, Mushrooms, Peppers, Mozzarella & Tomato Sauce	
■ Pizza Funghi E Olive (979kcal)	480
Button Mushrooms, Shiitake Mushrooms, Olives, Peppers, Mozzarella & Tomato Sauce	
■ Pizza Vegetable E Parmigiano (1009kcal)	480
Olives, Cherry Tomato, Peppers, Smoked Cheese, Mozzarella & Tomato Sauce	
■ Roma Basilica (1020kcal)	475
Sundried Tomatoes, Onion, Peppers, Corn Kernels, Mozzarella & Tomato Sauce	

DESSERT

▲ Tiramisu, Savioardi (846kcal)	270
▲ Semi Frozen Dark Chocolate & Caramel Coffee Delight (825kcal)	270
▲ Warm Chocolate & Nut Cake, Vanilla Ice Cream (735kcal)	270
▲ Crème Brûlée (387kcal)	270
■ Affogato (Hot Espresso Over Vanilla Ice Cream) (279kcal)	175
■ Caramel Peaches, Nutty Ice Cream (864kcal)	270
■ Bitter Chocolate Mousse, Salted Caramel Cream (975kcal)	270
■ Gelato & Sorbet	
Vanilla Gelato (310kcal)	280
Coffee Gelato (319kcal)	280
Almond Praline Ice Cream (273kcal)	280
Honey Nut Crunch (391kcal)	280
Seasonal Sorbet (281kcal)	240
Gelato & Sorbet Combo (432kcal)	240
Vanilla Ice Cream (273kcal)	160

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TEA

▣ Darjeeling (40kcal)	105
▣ Assam (38kcal)	105
▣ Earl Grey (0kcal)	105
▣ Green Tea (0kcal)	115
▣ Chamomile (02kcal)	115

COFFEE

▣ Cappuccino (119kcal)	135
▣ Espresso (03kcal)	120
▣ Decaffeinated (63kcal)	125
▣ Turkish Coffee (12kcal)	135

MOCKTAILS

Watermelon Refresher <i>(68kcal)</i> Watermelon, Fresh Mint, Black Salt, Sugar, Fresh Lemon Juice	130
Kiwi Punch <i>(56kcal)</i> Kiwi, Mint, Sugar Syrup, Soda	130
Tropical Cooler <i>(71kcal)</i> Pineapple Juice, Orange Juice, Grapefruit, Lemon Juice, Pineapple Crush	130
Iced Lemongrass Tea <i>(58kcal)</i> Lemongrass Infusion, Lime, Sugar Syrup	90
Ginger Splash <i>(248kcal)</i> Ginger Syrup, Ginger, Soda	130
Mango Mojito <i>(69kcal)</i> Fresh Mint, Mango Juice, Lemonade	130

SOFT BEVERAGES

Gingerale <i>(36kcal)</i>	115
Ginger Soda <i>(39kcal)</i>	70
Fresh Lime Water - Salted <i>(03kcal)</i> , Mix <i>(85kcal)</i> , Sweet <i>(84kcal)</i>	70
Fresh Lime Soda - Salted <i>(03kcal)</i> , Mix <i>(84kcal)</i> , Sweet <i>(84kcal)</i>	70
Soda <i>(0kcal)</i>	45
Preserved Juice - Apple <i>(145kcal)</i> , Cranberry <i>(135kcal)</i> , Grape <i>(199kcal)</i> , Mango <i>(162kcal)</i> , Orange <i>(170kcal)</i> , Pineapple <i>(161kcal)</i> , Tomato <i>(52kcal)</i>	90
Sprite <i>(49kcal)</i> , Fanta <i>(56kcal)</i> , Limca <i>(44kcal)</i>	70
Coca Cola Zero Sugar <i>(0kcal)</i> / Coca Cola Can <i>(44kcal)</i>	125
Tonic Water <i>(36kcal)</i>	115
Mineral Water	150

5% GST extra. We do not levy any Service Charge.

Nutritional information, calculated per portion, is indicative and may vary slightly with each serving.

Some food items may contain traces of nuts, dairy or gluten. Please ask your server for details & let us know of any allergies.

