

med

RESTAURANT . LOUNGE . BAR

STARTERS

Non-Vegetarian

▲ Cumin & Chilli Prawns, Lemon & Lettuce (341kcal)	915
▲ Fresh Sage & Brown Garlic Prawns, Sweet & Sour Tomato (307kcal)	910
▲ Citrus Chilli Prawns, Reduced Hot Sauce (340kcal)	910
▲ Smoked Salmon, Feta, Olive & Mesclun (296kcal)	1035
▲ Curried Sole, Dill, Creamy Beetroot (642kcal)	625
▲ Dijon Spiced Crispy Fish, Yolk & Lemon Sauce (334kcal)	665
▲ Braised Pork Spare Ribs, Sticky Plum & Prune Glaze (1591kcal)	670
▲ Barbeque Chicken Bruschetta, Parmesan (431kcal)	585
▲ Chicken Shish Taouk (598kcal)	590
▲ Greek Chicken Souvlaki (605kcal)	590
▲ Chicken Shawarma, Taratoor (628kcal)	590
▲ Mediterranean Non-Vegetarian Platter (1821kcal) Samboosak, Chicken Wings, Hummus, Baba Ganoush, Fattoush Salad & Pita	670

Vegetarian

■ Roasted Vegetables & Potato Medallions, Chilli Garlic Mayo (290kcal)	385
■ Falafel Roll With Taratoor (644kcal)	425
■ Mushroom & Jalapeno Crostini, Pomegranate (485kcal)	460
■ Fresh Tomato, Burrata & Balsamic Roasted Pear (538kcal)	460
■ Crispy Cottage Cheese, Tomato Pepper Salsa & Chevre (704kcal)	460
■ Cottage Cheese Shish Taouk, Tahini Yogurt (434kcal)	460
■ Goat Cheese & Walnut Arancini, Basil & Olive Tapenade (878 kcal)	445

*We use Genovese basil

■ Crispy Sweet Potato Chips, Pepper Salsa (125kcal)	445
■ Barbeque Roasted Vegetables Bruschetta, Parmesan (672kcal)	375
■ Greek Style Spinach & Mushroom Tart (599kcal)	460
■ Mediterranean Vegetarian Platter (1628kcal) Fatayer, Falafel, Hummus, Baba Ganoush, Fattoush Salad & Pita	460

PIZZETTE

▲ Lamb Salami, Aged Mozzarella, Tomato, Chilli (825kcal)	585
▲ Danish Blue, Chorizo & Aged Modena Balsamic (921kcal)	585
■ Creamy Ricotta, Spinach & Sun Dried Tomato (754kcal)	505
■ Bocconcini, Tomato, Red Chilli & Basil (692kcal)	515
■ Caramelised Onion, Goat Cheese, Walnuts & Honey (618kcal)	515

SOUPS

▲ Turkish Style Prawn & Lentil Soup (401kcal)	390
▲ Smoked Chicken & Burnt Garlic (192kcal)	255
▲ Spicy Chicken & Vegetable Broth (240kcal)	255
▲ Cream Of Chicken With Leeks (395kcal)	255
■ Traditional Minestrone (175kcal)	195
■ Mushroom Cappuccino (216kcal)	195
■ Pumpkin Soup (250kcal)	195
■ Shorbat Adas - A Traditional Middle Eastern Lentil Soup (328kcal)	195
■ Cream Of Tomato With A Hint Of Basil (217kcal)	195

■ Vegetarian ▲ Non Vegetarian | Egg

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SALADS

▲	Parmesan Chicken Salad, Mustard Dressing (454kcal)	505
▲	Pesto Chicken Salad With Cherry Tomato & Orange (587kcal)	505
▲	Grilled Chicken Salad with Fresh Mesclun, Quinoa (618kcal)	505
▲	Chicken Caesar Salad (596kcal)	385
■	Vegetarian Caesar Salad (512kcal)	315
■	Mesclun, Goat Cheese & Apple Salad (360kcal)	490
■	Spit Roasted Vegetables, Bocconcini & Olive Salad (250kcal)	465
■	Cucumber, Feta & Olive Salad, Grilled Halloumi (473kcal)	490

HOMEMADE PASTA (Contains Egg)

▲	Spaghetti, Sautéed Prawns (526kcal)	810
▲	Spaghetti, Creamy Cheese Sauce, Grilled Chicken (1081kcal)	635
▲	Fettuccine, Sliced Slow Cooked Lamb & Parmesan (707kcal)	645
▲	Torchiette Arrabiata (415kcal)	515
▲	Spumoni Al Freddo, Mushroom & Pecorino (629kcal)	515
▲	Ricotta Gnudi, Pesto Cream & Walnuts (415kcal)	515
▲	Fettuccine, A La' Aglio E Olio (394kcal)	515
▲	Spaghetti, Creamy Tomato Sauce (385kcal)	515
■	Mushroom Risotto, Porcini Cream & Parmesan (361kcal)	515
■	Penne, Arrabiata (415kcal)	515
■	Spaghetti, Cheddar Cream Sauce (629kcal)	515

Please ask your server for Eggless Pastas

■ Vegetarian ▲ Non Vegetarian | Egg

MAIN COURSE

Non-Vegetarian

▲ Paprika Spiced Roast Prawns, Lemon & Jaggery (Turkey) (466kcal)	1035
▲ Demerara Red Chilli Prawns, Crispy Crackers, Chilli Pepper Sauce (Italy) (577kcal)	1035
▲ Roasted Fillet Of Salmon, Vierge, Garlic Mash & Spinach (Italy) (403kcal)	1035
▲ Grilled River Sole, Paprika Vegetable Stew & Herb Garlic Bread (Italy) (568kcal)	1030
▲ Baked Sea Bass With Onion, Tomato, Feta (Turkey) (676kcal)	1030
▲ Moroccan Style Grilled Salmon, Warm Couscous & Vegetables (Morocco) (782kcal)	1030
▲ Chermoula Sole, Chargrilled Lemon, Herb Butter (Morocco) (442kcal)	1030
▲ Moroccan Lamb Tagine (Morocco) (854kcal)	680
▲ Grilled Parmesan Chicken, Buttered Vegetable, Thyme Jus (Italy) (996kcal)	680
▲ Smoked Chicken Rice Pilaf, Feta, Chicken Frankfurters (Italy) (998kcal)	605
▲ Roasted Chicken, Chilli Yogurt Sauce, Grilled Vegetables (Turkey) (903kcal)	680
▲ Braised Chicken, Jus, Sehriyali Pilaf (Turkey) (967kcal)	680
▲ Chicken Stew (Turkey) (447kcal)	680
▲ Baharat Spiced Chicken Thigh, Vegetables, Spicy BBQ (Lebanon) (805kcal)	680
▲ Coq Au Vin - Chicken Braised in Red Wine Jus, Pearl Onion, Mushrooms & Peppers (France) (1112kcal)	680

● Vegetarian ▲ Non Vegetarian | Egg

MAIN COURSE

Vegetarian

■ Spinach & Vegetable Rice Pilaf, Feta (Italy) (852kcal)	515
■ Cottage Cheese Cannelloni, Creamy Tomato (Italy) (829kcal)	515
■ Chargrilled Vegetable Platter (Italy) (212kcal)	510
■ Baked Cheddar, Artichoke, Asparagus, Broccoli, Carrot (Italy) (780kcal)	495
■ Spiced Cottage Cheese Steak, Spicy Prune Sauce (Turkey) (711kcal)	515
■ Spicy Vegetables, Moroccan Date Pilaf (Morocco) (729kcal)	515
■ Tomato & Vegetable Stew, Herbed Pilaf, Olives (Morocco) (297kcal)	515

SIDES

■ Black Truffle Fries (293kcal)	370
■ Peri Peri Potato Fries (212kcal)	270
■ Parmesan Fries (290kcal)	270
■ Roasted Vegetables, Lemon & Garlic (171kcal)	230
■ Sautéed Vegetables (102kcal)	230
■ Garlic Bread (245kcal)	150
■ Garlic Bread With Cheese (305kcal)	270
■ Hummus (256kcal)	135
■ Babaganoush (73kcal)	135

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THIN CRUST PIZZAS

Non-Vegetarian

- ▣ Gamberi (1079kcal) 1225
Spicy Prawn, Mozzarella Cheese, Feta, Olive, Cherry Tomato, Pineapple & Tomato Sauce
- ▣ Meaty Sicilian Hot (1291kcal) 585
Pepperoni, Chicken Sausage, Mozzarella & Tomato Sauce
- ▣ Quattro Stagioni (1118kcal) 585
Chicken Ham, Mozzarella, Mushrooms, Olives, Artichoke & Tomato Sauce
- ▣ Paprika Pollo Con Feta (1169kcal) 585
Paprika Marinated Chicken, Broccoli, Feta Cheese, Mozzarella & Tomato Sauce
- ▣ Pesto Pollo (1214kcal) 565
Grilled Chicken, Tomato Pesto Sauce, Mozzarella, Onions & Peppers

Vegetarian

- ▣ Spinaci E Pomodoro (976kcal) 515
Spinach, Roasted Garlic, Cherry Tomato, Mozzarella & Tomato Sauce
- ▣ Pizza Florentine (1076kcal) 515
Spinach, Black Olives, Romano Cheese, Mozzarella & Tomato Sauce
- ▣ Genovese (1216kcal) 515
Pesto, Pine Nuts, Mozzarella, Parmesan Cheese & Pesto Sauce
- ▣ Primavera (955kcal) 510
Artichoke, Broccoli, Mushrooms, Peppers, Mozzarella & Tomato Sauce
- ▣ Pizza Funghi E Olive (979kcal) 510
Button Mushrooms, Shiitake Mushrooms, Olives, Peppers, Mozzarella & Tomato Sauce
- ▣ Pizza Vegetable E Parmigiano (1009kcal) 510
Olives, Cherry Tomato, Peppers, Smoked Cheese, Mozzarella & Tomato Sauce
- ▣ Roma Basilica (1020kcal) 505
Sundried Tomatoes, Onion, Peppers, Corn Kernels, Mozzarella & Tomato Sauce

DESSERT

▲ Tiramisu, Savioardi (846kcal)	285
▲ Semi Frozen Dark Chocolate & Caramel Coffee Delight (825kcal)	285
▲ Warm Chocolate & Nut Cake, Vanilla Ice Cream (735kcal)	285
▲ Crème Brûlée (387kcal)	285
■ Affogato (Hot Espresso Over Vanilla Ice Cream) (279kcal)	185
■ Caramel Peaches, Nutty Ice Cream (864kcal)	285
■ Bitter Chocolate Mousse, Salted Caramel Cream (975kcal)	285
■ Gelato & Sorbet	
Vanilla Gelato (310kcal)	295
Coffee Gelato (319kcal)	295
Almond Praline Ice Cream (273kcal)	295
Honey Nut Crunch (391kcal)	295
Seasonal Sorbet (281kcal)	255
Gelato & Sorbet Combo (432kcal)	255
Vanilla Ice Cream (273kcal)	170

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TEA

▪ Darjeeling (40kcal)	110
▪ Assam (38kcal)	110
▪ Earl Grey (0kcal)	110
▪ Green Tea (0kcal)	120
▪ Chamomile (02kcal)	120

COFFEE

▪ Cappuccino (119kcal)	145
▪ Espresso (03kcal)	125
▪ Decaffeinated (63kcal)	135
▪ Turkish Coffee (12kcal)	145

MOCKTAILS

Tropical Fizz (39kcal) Pomegranate Syrup, Lychee Crush, Lime Juice & Soda	140
Watermelon Refresher (68kcal) Watermelon, Fresh Mint, Black Salt, Sugar, Fresh Lemon Juice	140
Kiwi Punch (56kcal) Kiwi, Mint, Sugar Syrup, Soda	140
Tropical Cooler (71kcal) Pineapple Juice, Orange Juice, Grape Juice, Lemon Juice, Coconut Milk	140
Iced Lemongrass Tea (58kcal) Lemongrass Infusion, Lime, Sugar Syrup	95
Ginger Splash (248kcal) Ginger Syrup, Pickle Ginger, Lemonade	140
Mango Mojito (69kcal) Fresh Mint, Mango Juice, Lemonade	140
Citrus Fruit Punch (211kcal) Pineapple Juice, Orange Juice, Grape Juice, Lemon Juice, Pineapple Crush	140
Caribbean Smash (318kcal) Pineapple Juice, Coconut Milk, Vanilla Ice Cream	140

SOFT BEVERAGES

Gingerale (36kcal)	120
Ginger Soda (14kcal)	75
Fresh Lime Water - Salted (03kcal), Mix (85kcal), Sweet (84kcal)	75
Fresh Lime Soda - Salted (03kcal), Mix (84kcal), Sweet (84kcal)	75
Soda (0kcal)	50
Preserved Juice - Apple (145kcal), Cranberry (135kcal), Grape (199kcal), Mango (162kcal), Orange (170kcal), Pineapple (161kcal), Tomato (52kcal)	95
Sprite (49kcal), Fanta (56kcal), Limca (44kcal) - By Glass	75
Coca Cola Zero Sugar (0kcal) / Coca Cola (44kcal) / Sprite (49kcal), Fanta (56kcal), Limca (44kcal) - Can	135
Tonic Water (36kcal)	120
Mineral Water	160

5% GST extra. We do not levy any Service Charge.

Nutritional information, calculated per portion, is indicative and may vary slightly with each serving.

Some food items may contain traces of nuts, dairy or gluten. Please ask your server for details & let us know of any allergies.

